

# HIKING THE YUKON QUEST

1000 MILES & ONE OF THE GREATEST TRAILS ON EARTH

By Dr Mark Hines

## Key Points: Non-Fiction

- **Unique achievement** – first person ever to walk the 1,000-mile Yukon Quest trail.
- **Extreme peril** – frostbite, injury, predators, and isolation.
- **Cross-over appeal** – for fans of adventure writing, memoirs, endurance sport, and the great outdoors
- **Established author platform** – media connections, adventurer network, and speaking reach.

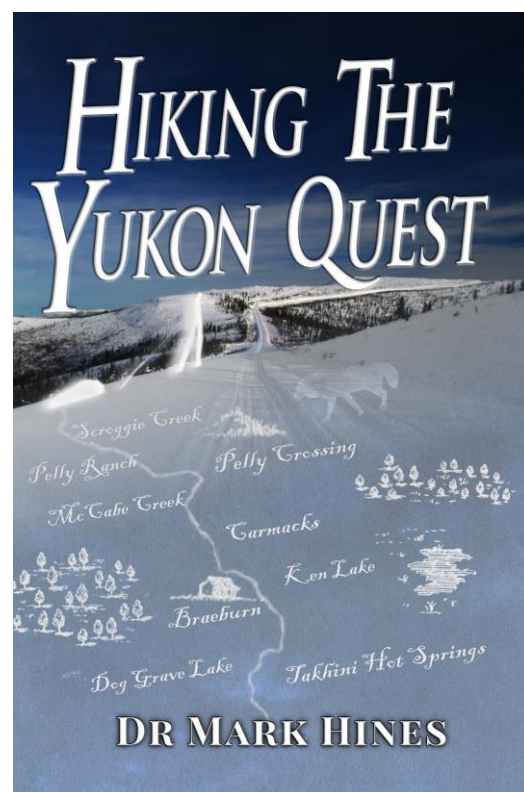
## Hiking the Yukon Quest

The Yukon Quest is one of the world's toughest trails: 1,000 miles of frozen wilderness from Alaska into Canada. In this extraordinary journey, Dr Mark Hines became the first person ever to complete the entire route on foot.

Battling sub-zero temperatures, frostbite and broken ribs, Hines endured weeks of isolation in a landscape of snow and silence. Hiking the Yukon Quest is both a gripping survival story and a reflection on endurance, resilience, and the human spirit when tested against nature at its most unforgiving.

## Advance Praise

*A strikingly authentic and rewardingly insightful account of a major undertaking by an adventurer's adventurer – on foot and alone in the Alaskan Arctic*  
– Pen Hadow, Polar Explorer



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## About the Author

Dr Mark Hines is an adventurer, endurance athlete, and scientist. He has raced in deserts, jungles, over the Himalayas and across the Arctic. He is the only person in the world to have completed both the full Yukon Quest and Iditarod 1000-mile trails on foot.

## About the Publisher

We are a small independent publishing house thriving in the Cotswolds. We were founded in 2005 with a focus on books about adventure, sport, health, diet, nutrition and popular science.

## To Order

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